



Week One

	Morning	Afternoon
Monday	Porridge with a variety of fruit	Wrap with cheese spread and 2 choice of veg
Tuesday	Yoghurt with a variety of fruit	Bagel and variety of fruit
Wednesday	Cereal with a variety of fruit	Pancakes with a variety of fruit
Thursday	Toast with variety of fruit	Breadsticks with humous and a variety of veg
Friday	Cereal with a variety of fruit	Oatcakes with cheese and a variety of fruit